

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.9cm	51	Female	02. 24. 2024 13 : 51

Body Composition Analysis

	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L)	27.7 (27.0 ~ 33.0)	27.7	35.4 (34.7 ~ 42.3)	37.6 (36.7 ~ 44.8)	59.1 (45.0 ~ 60.8)
Protein (kg)	7.1 (7.2 ~ 8.8)				
Minerals (kg)	2.75 (2.49 ~ 3.05)	non-osseous			
Body Fat Mass (kg)	21.5 (10.6 ~ 16.9)				

Muscle-Fat Analysis

	Under	Normal	Over
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 %	59.1	
SMM (kg)	70 80 90 100 110 120 130 140 150 160 170 %	19.8	
Body Fat Mass (kg)	40 60 80 100 160 220 280 340 400 460 520 %	21.5	

Obesity Analysis

	Under	Normal	Over
BMI (kg/m ²)	10.0 15.0 18.5 21.5 25.0 30.0 35.0 40.0 45.0 50.0 55.0	24.0	
PBF (%)	8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0	36.4	

Segmental Lean Analysis

	Under	Normal	Over	ECW Ratio	Phase Angle ϕ
Right Arm (kg)	40 60 80 100 120 140 160 180 %	1.99		0.379	4.5°
(%)	99.4				
Left Arm (kg)	40 60 80 100 120 140 160 180 %	1.91		0.381	4.1°
(%)	95.4				
Trunk (kg)	70 80 90 100 110 120 130 140 %	17.6		0.398	5.7°
(%)	97.1				
Right Leg (kg)	70 80 90 100 110 120 130 140 %	5.20		0.401	4.0°
(%)	82.1				
Left Leg (kg)	70 80 90 100 110 120 130 140 %	5.12		0.401	3.8°
(%)	80.9				

ECW Ratio-Phase Angle

	Under	Normal	Over	Phase Angle ϕ
ECW Ratio	0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430	0.397		4.3°

Body Composition History

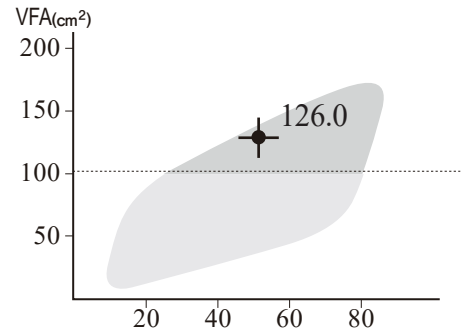
	02.21.22 15:11	03.27.22 14:58	04.20.22 15:02	06.23.22 15:23	07.21.22 15:00	10.19.22 14:52	02.20.23 15:12	02.24.24 13:51
Weight (kg)	65.3	63.9	62.4	61.8	62.3	60.9	60.5	59.1
SMM (kg)	20.1	20.0	19.7	19.7	19.8	19.7	19.8	19.8
BFM (kg)	23.5	23.1	22.7	22.4	22.9	22.3	22.2	21.5
PBF (%)	41.3	40.7	39.2	39.0	39.4	38.6	37.7	36.4
ECW Ratio	0.399	0.398	0.396	0.396	0.397	0.396	0.399	0.397

InBody Score

67/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Visceral Fat Area



Weight Control

Target Weight	52.9 kg
Weight Control	-6.2 kg
Fat Control	-9.4 kg
Muscle Control	+3.2 kg

Body Balance Evaluation

Upper	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Lower	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Upper-Lower	<input type="checkbox"/> Balanced	<input checked="" type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced

Segmental Fat Analysis

Right Arm (1.5 kg)	171.2%
Left Arm (1.6 kg)	177.4%
Trunk (11.5 kg)	231.8%
Right Leg (2.9 kg)	128.1%
Left Leg (2.9 kg)	127.4%

Research Parameters

Intracellular Water	16.7 L (16.7 ~ 20.5)
Extracellular Water	11.0 L (10.3 ~ 12.5)
Basal Metabolic Rate	1181 kcal (1255 ~ 1451)
Waist-Hip Ratio	0.97 (0.75 ~ 0.85)
Visceral Fat Level	112% (90 ~ 110)
Bone Mineral Content	2.21 kg (2.05 ~ 2.51)
Body Cell Mass	23.8 kg (23.9 ~ 29.3)
SMI	5.8 kg/m ²

Impedance

